



# OUTDOOR POOLS

**OPENING DAY JUNE 22- CLOSING DAY AUGUST 18**

## **PUBLIC SWIM FEES**

(Free admission for children under the age of 2)

### **Daily Admission Rates**

	<b>Resident</b>	<b>Non-Resident</b>
<b>Child:</b>	<b>\$3.25</b>	<b>\$5.50</b>
<b>Adult:</b>	<b>\$4.00</b>	<b>\$6.50</b>
<b>Senior:</b>	<b>\$3.25</b>	<b>\$6.50</b>

## **PUNCH CARDS**

<b><u>10 Swims</u></b>	<b><u>20 Swims</u></b>	<b><u>50 Swims</u></b>
<b>\$25</b>	<b>\$45</b>	<b>\$75</b>

- Punch cards are available for purchase by **West Hartford residents only** at the Customer Service Desk at Town Hall, 50 South Main Street or at any outdoor pool. Proof of residency, such as a valid Driver's License, must be provided to obtain card.
- Punch cards may be purchased from the pool cashiers after the pools open on **Saturday, June 22nd using cash or check only.**
- Punch cards are valid at any West Hartford outdoor pool and may be used to bring guests to the pool.
- All cards expire at the end of the 2019 outdoor pool season.
- No refunds or replacements for lost, stolen or unused cards.

## **POOL FAQ'S**

- ✓ Children under 12 years old must be accompanied by an adult or guardian (at least 16 years of age).
- ✓ Maximum of four (4) children with one (1) adult.
- ✓ Free admission for children under the age of 2.
- ✓ Swim suits only: no cut-off shorts, cotton shorts or T-shirts are permitted.
- ✓ Children who are not toilet trained must wear a disposable water resistant swim diaper at all times.
- ✓ Toys and flotation devices are not permitted in the pool. Coast Guard approved life jackets are permitted on a non-swimming child, provided the child remains in shallow water within arms-reach of accompanying adult. Life jackets are not provided at facilities.
- ✓ Coolers and glass containers are not allowed inside pool area.
- ✓ Groups of ten (10) or more wishing to use aquatic facilities must apply to the Department of Leisure Services for Group Use Permit.
- ✓ Pools will close during thunder and/or lightning. No refunds or rainchecks.
- ✓ Pools will operate weekend hours on July 4<sup>th</sup>. No lessons or lap swim times will be offered.

**Note:** Please do not bring valuables to any of these facilities. Bathhouses for changing clothes are provided. Sorry, Leisure Services cannot be responsible for lost or stolen items.

**CYCLONES!**

- **Summer Youth Swim Team**
- **Ages 5-14**
- **Open to ALL levels of ability**
- **Registration open March 1st**
- **Register online at**  
**<https://westhartford.recdesk.com>**

55 Buena Vista Road  
West Hartford, CT 06107  
860-561-8270 | [www.CornerstoneAquatics.org](http://www.CornerstoneAquatics.org)

**Welcome**  
to the  
**2019**  
Summer Swim  
Season!



**CORNERSTONE  
AQUATICS CENTER**

# SWIM LESSONS

**Residents - \$45 Non-Residents - \$65**


## Important Information

- Pre-Registration is required for all lessons. Fees must be paid at the time of registration.
- Registrations are accepted online, by mail, fax, or in person at the Customer Service Desk at Town Hall until Wednesday June 19 at 4:00pm. Starting on **Saturday, June 22**, registrations will only be accepted at the pools. Only cash or check is accepted at the pools.
- Morning Lessons run Monday through Friday for 2 week sessions and each class is 35 minutes.
- Evening Lessons at Eisenhower Pool run M-W-F for a 3 week session and each class is 40 minutes.
- Parents are not allowed on the pool deck during swim lessons.
- **Inclement weather: Lessons run rain or shine. In the event of thunder or lightning, a safety lesson may be conducted indoors. There will be no makeups or refunds for missed classes.**

## What Level Do I Sign Up For?

The Town of West Hartford utilizes the American Red Cross Learn to Swim Program, which has 6 levels. Each level of Learn-to-Swim includes water safety topics as well as the in-water skills. The chart below is meant to be used to help you determine what level to sign your child up for.

Below are the **minimum requirements** for students to enroll in each level.

Level 1- Introduction to Water Skills:	Level 2- Fundamental Aquatic Skills	Level 3- Stroke Development
<p><b>To enroll in Level 1, students must:</b></p> <ul style="list-style-type: none"> <li>-Be at least 4 years old</li> <li>-Be able to participate in a group setting without a parent present</li> </ul> 	<p><b>To enroll in Level 2, students must:</b></p> <ul style="list-style-type: none"> <li>-Be at least 4 years old</li> <li>-Be comfortable in a class setting without the parent present</li> <li>-Be comfortable submerging head &amp; face and opening eyes underwater</li> <li>-Be able to blow bubbles under water for 3 seconds</li> <li>-Front float and glide (head submerged) with assistance</li> <li>-Be comfortable entering the water unassisted</li> </ul>	<p><b>To enroll in Level 3, students must:</b></p> <ul style="list-style-type: none"> <li>-Fully submerge body and hold breath for 10 seconds</li> <li>-Do 10 bobs with head submerged and blowing bubbles</li> <li>-Float on front and back 15 seconds without assistance</li> <li>-Be comfortable in water over their head</li> <li>-Tread water for 15 seconds</li> <li>-Demonstrate rotary breathing at least 5 times</li> <li>-Swim on front/back using strokes for 5 body lengths</li> </ul>
Level 4- Stroke Improvement	Level 5- Stroke Refinement	Level 6- Fitness Swimmer
<p><b>To enroll in Level 4, students must:</b></p> <ul style="list-style-type: none"> <li>-Be able to tread water for 1 minute</li> <li>-Back Float for 1 min. in deep water</li> <li>-Be able to do sitting &amp; kneeling dive</li> <li>-Swim 15 yds front crawl w/ rotary breathing</li> <li>-Perform breaststroke kick for 15 yds</li> <li>-Perform elementary backstroke for 15 yds</li> <li>-Scissors kick for 15 yards</li> <li>-Swim 25 yards using front crawl and/or elementary backstroke</li> </ul>	<p><b>To enroll in Level 5, students must:</b></p> <ul style="list-style-type: none"> <li>-Swim 50 yards without stopping using front crawl/elementary backstroke</li> <li>-Tread water 2 minutes</li> <li>-Swim underwater 3-5 body lengths</li> <li>-Dive from a standing position</li> <li>-Front Crawl w/breathing 25 yards</li> <li>-Breaststroke 15 yards</li> <li>-Butterfly 15 yards</li> </ul>	<p><b>To enroll in Level 6, students must:</b></p> <ul style="list-style-type: none"> <li>-Swim 50 yards of front crawl</li> <li>-Swim 25 yards of butterfly</li> <li>-Swim 25 yards breaststroke</li> <li>-Swim 50 yards elem. backstroke</li> <li>-Perform a front and back flipturn</li> <li>-Tread water 5 minutes</li> <li>-Swim 100 yards continuously with proper breathing</li> </ul>



## Beachland Park Pool

**Address:** 847 South Quaker Lane, WH, CT

**Phone:** (860) 523-1259

**Amenities:** (1) 25 yard, 6 lane pool with zero depth area  
Spray Pad

### Public Swim Hours

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12 - 7:45p	12 - 7:45p	12 - 7:45p	12 - 7:45p	12 - 7:45p	11a - 6p	11a - 6p

### Lap Swim Hours Ages 14+

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12 - 1p (2 lanes)	12 - 1p (2 lanes)	12 - 1p (2 lanes)	12 - 1p (2 lanes)	12 - 1p (2 lanes)	11a - 12p (2 lanes)	11a - 12p (2 lanes)

### Swim Lessons

#### Session 1: June 24 - July 5

#### Monday-Friday for 2 Weeks

#### 10:00 - 10:35am

Level 1 - 471311B  
Level 3 - 471313B  
Level 4 - 471314B

#### 10:40 - 11:15am

Level 1 - 471311C  
Level 2 - 471312C  
Level 3 - 471313C

#### 11:20 - 11:55am

Level 1 - 471311D  
Level 2 - 471312D  
Level 5/6 - 471315D

#### Session 2: July 8 - July 19

#### Monday-Friday for 2 Weeks

#### 10:00 - 10:35am

Level 2 - 471322B  
Level 3 - 471323B  
Level 4 - 471324B

#### 10:40 - 11:15am

Level 1 - 471321C  
Level 2 - 471322C  
Level 5/6 - 471325C

#### 11:20 - 11:55am

Level 1 - 471321D  
Level 2 - 471322D  
Level 3 - 471323D

#### Session 3: July 22 - Aug. 2

#### Monday-Friday for 2 Weeks

#### 10:00 - 10:35am

Level 1 - 471331B  
Level 2 - 471332B  
Level 3 - 471333B

#### 10:40 - 11:15am

Level 2 - 471332C  
Level 4 - 471334C  
Level 5/6 - 471335C

#### 11:20 - 11:55am

Level 1 - 471331D  
Level 2 - 471332D  
Level 3 - 471333D

#### Session 4: Aug. 5 - Aug. 16

#### Monday-Friday for 2 Weeks

#### 10:00 - 10:35am

Level 2 - 471342B  
Level 3 - 471343B  
Level 4 - 471344B

#### 10:40 - 11:15am

Level 1 - 471341C  
Level 2 - 471342C  
Level 5/6 - 471345C

#### 11:20 - 11:55am

Level 1 - 471341D  
Level 2 - 471342D  
Level 3 - 471343D

## Eisenhower Park Pool

**Address:** 33 Sheep Hill Drive WH, CT  
**Phone:** (860) 233-2212  
**Amenities:** (1) 25 yard, 6 lane pool with deep end

### Public Swim Hours

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
11a - 5:45p	11a - 7:45p	11a - 5:45p	11a - 7:45p	11a - 5:45p	11a - 6p	11a - 6p

### Lap Swim Hours Ages 14+

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10 - 11a (6 lanes) 11a - 1p (2 lanes)	10 - 11a (6 lanes) 11a - 1p (2 lanes)	10 - 11a (6 lanes) 11a - 1p (2 lanes)	10 - 11a (6 lanes) 11a - 1p (2 lanes)	10 - 11a (6 lanes) 11a - 1p (2 lanes)	11a - 12p (2 lanes)	11a - 12p (2 lanes)

### Swim Lessons

#### Session 1: June 24 - July 12

Mon./Wed./Fri. for 3 Weeks

#### 6:00 - 6:40pm

Level 1 - 501311E  
 Level 2 - 501312E  
 Level 3 - 501313E

#### 6:45 - 7:25pm

Level 1 - 501311F  
 Level 2 - 501312F  
 Level 4 - 501314F

#### 7:30 - 8:10pm

Level 3 - 501313G  
 Level 4 - 501314G  
 Level 5/6 - 501315G

#### Session 2: July 15 - Aug. 2

Mon./Wed./Fri. for 3 Weeks

#### 6:00 - 6:40pm

Level 1 - 501321E  
 Level 2 - 501322E  
 Level 3 - 501323E

#### 6:45 - 7:25pm

Level 1 - 501321F  
 Level 2 - 501322F  
 Level 4 - 501324F

#### 7:30 - 8:10pm

Level 3 - 501323G  
 Level 4 - 501324G  
 Level 5/6 - 501325G



## Fernridge Park Pool

Address: 567 Fern Street WH, CT

Phone: (860) 561-2727

Amenities: (1) 25 yard, 6 lane pool with zero depth area  
Spray Pad

### Public Swim Hours

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12 - 7:45p	12 - 7:45p	12 - 7:45p	12 - 7:45p	12 - 7:45p	11a - 6p	11a - 6p

### Lap Swim Hours Ages 14+

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12 - 1p (2 lanes)	12 - 1p (2 lanes)	12 - 1p (2 lanes)	12 - 1p (2 lanes)	12 - 1p (2 lanes)	11a - 12p (2 lanes)	11a - 12p (2 lanes)

### Swim Lessons

#### Session 1: June 24 - July 5

#### Monday-Friday for 2 Weeks

#### 10:00 - 10:35am

Level 2 - 491312B  
Level 3 - 491313B  
Level 4 - 491314B

#### 10:40 - 11:15am

Level 1 - 491311C  
Level 2 - 491312C  
Level 5/6 - 491315C

#### 11:20 - 11:55am

Level 1 - 491311D  
Level 2 - 491312D  
Level 3 - 491313D

#### Session 2: July 8 - July 19

#### Monday-Friday for 2 Weeks

#### 10:00 - 10:35am

Level 2 - 491322B  
Level 3 - 491323B  
Level 4 - 491324B

#### 10:40 - 11:15am

Level 1 - 491321C  
Level 2 - 491322C  
Level 5/6 - 491325C

#### 11:20 - 11:55am

Level 1 - 491321D  
Level 3 - 491323D  
Level 4 - 491324D

#### Session 3: July 22 - Aug. 2

#### Monday-Friday for 2 Weeks

#### 10:00 - 10:35am

Level 1 - 491331B  
Level 2 - 491332B  
Level 3 - 491333B

#### 10:40 - 11:15am

Level 2 - 491332C  
Level 3 - 491333C  
Level 4 - 491334C

#### 11:20 - 11:55am

Level 1 - 491331D  
Level 2 - 491332D  
Level 3 - 491333D

#### Session 4: Aug. 5 - Aug. 16

#### Monday-Friday for 2 Weeks

#### 10:00 - 10:35am

Level 2 - 491342B  
Level 3 - 491343B  
Level 4 - 491344B

#### 10:40 - 11:15am

Level 1 - 491341C  
Level 2 - 491342C  
Level 5/6 - 491345C

#### 11:20 - 11:55am

Level 2 - 491342D  
Level 3 - 491343D  
Level 4 - 491344D



**Kennedy  
Park Pool**

**Address:** 160 Oakwood Avenue WH, CT  
**Phone:** (860) 236-1884  
**Amenities:** (1) 25 yard, 6 lane pool with zero depth area  
 Teen Slide Pool, Spray Pad

**Public Swim Hours**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12a - 7:45p	12a - 7:45p	12a - 7:45p	12a - 7:45p	12a - 7:45p	11a - 6p	11a - 6p

**Lap Swim Hours Ages 14+**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12p - 1p (2 lanes)	12p - 1p (2 lanes)	12p - 1p (2 lanes)	12p - 1p (2 lanes)	12p - 1p (2 lanes)	11a - 12p (2 lanes)	11a - 12p (2 lanes)

**Swim Lessons****Session 1: June 24 - July 5****Monday-Friday for 2 Weeks****10:00 - 10:35am**

Level 1 - 481311B  
 Level 2 - 481312B  
 Level 3 - 481313B

**10:40 - 11:15am**

Level 2 - 481312C  
 Level 4 - 481314C  
 Level 5/6 - 481315C

**11:20 - 11:55am**

Level 1 - 481311D  
 Level 2 - 481312D  
 Level 3 - 481313D

**Session 2: July 8 - July 19****Monday-Friday for 2 Weeks****10:00 - 10:35am**

Level 1 - 481321B  
 Level 4 - 481324B  
 Level 5/6 - 481325B

**10:40 - 11:15am**

Level 2 - 481322C  
 Level 3 - 481323C  
 Level 4 - 481324C

**11:20 - 11:55am**

Level 1 - 481321D  
 Level 2 - 481322D  
 Level 3 - 481323D

**Session 3: July 22 - Aug. 2****Monday-Friday for 2 Weeks****10:00 - 10:35am**

Level 1 - 481331B  
 Level 2 - 481332B  
 Level 3 - 481333B

**10:40 - 11:15am**

Level 1 - 481331C  
 Level 2 - 481332C  
 Level 4 - 481334C

**11:20 - 11:55AM**

Level 1 - 481331D  
 Level 2 - 481332D  
 Level 3 - 481333D

**Session 4: Aug. 5 - Aug. 16****Monday-Friday for 2 Weeks****10:00 - 10:35am**

Level 1 - 481341B  
 Level 2 - 481342B  
 Level 3 - 481343B

**10:40 - 11:15am**

Level 2 - 481342C  
 Level 3 - 481343C  
 Level 5/6 - 481345C

**11:20 - 11:55AM**

Level 1 - 481341D  
 Level 3 - 481343D  
 Level 4 - 481344D

# Spray Pads

Summer Fun for All Ages  
And its **FREE!**



**Come visit one of our 4 great park locations!**

**Spray pads are open:**

**May 25 - September 2**

**10 am to 7 pm Daily**

***Adult supervision is always required.***

## **Beachland Park**

**847 South Quaker Lane**

## **Fernridge Park**

**567 Fern Street**

## **Kennedy Park**

**160 Oakwood Avenue**

## **Wolcott Park**

**1341 New Britain Avenue**

